Bali Hai

RESORT & SPA

CABLE BEACH

Spa Menu

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Spa

In the natural tropical surroundings of The Bali Hai Spa we offer an exclusive range of health and beauty therapies that are as unique as the Australian outback and as exotic as the island of Bali. Pamper and heal your body, rejuvenate your spirit, restore inner harmony and renew vitality.

Traditional Balinese village recipes will give you the feeling you are surrounded by the lush rice terraces and the tropical rainforests of Bali. Exotic blends of herbs and spices will send the soul flying as you indulge, in maybe a Balinese Coco Hot Oil Wrap or a Pearl Facial.

Experience the delights of Broome with the Passion of the Pearl treatment. A combination of Australian Lemon Myrtle, Passion Fruit and Cocoa Butter creates a romantic delight for couples.

As you emerge from your treatment in a state of peace and tranquility you can make your way to one of our two sparkling swimming pools. Then you can stroll to the famous Cable Beach where you can walk along the beautiful white sands, gaze at the sparkling turquoise water and marvel at the Red Pindan cliffs.

Whatever method you choose to tap into from our exotic collection of natural treatments, we are sure you will enjoy an unforgettable physical and spiritual experience.

Signature
TREATMENTS

Pearl Facial 30/60mins $110/$175

Intensive Hydrating Facial - Your therapist will perform a nourishing and hydrating treatment. Suitable for stressed, dehydrated, mature and sun damaged skin.

Purifying Facial - A deep cleansing facial to remove impurities and refine pores. Suitable for combination to oil prone skin.

Sensitive Facial - Gentle procedures and low allergenic products are used to reduce inflammation and calm and soothe dry sensitive skin.

Pearl Paradise 60/90/120mins $175/$260/$340

A rhythmic Paradise Massage will leave your body relaxed and free from tension. You will then dance into a rejuvenating and exhilarating Pearl Facial. This treatment will revitalise the skin and relax the mind.

Organic Sweet Orange and Sugar Bliss 30/60mins $110/$175

An organic experience that will leave your skin silky smooth. The deeply moisturizing organic Sweet Orange and Lavender Sugar scrub will leave your skin vibrant and replenished.

Citrus and Coconut Ritual 120mins $340

Luxuriant coconut oil will be applied to the body with a Paradise Massage. Then you will be invigorated with an exfoliation of fresh citrus and sea salts and awakened with a Mandi shower. Experience a lime spritz and a Coconut and Lime Moisturising Lotion will be applied and enjoy a revitalising Pearl Facial..

Shinju 'Pearl' 90/120mins $260/$340

A massage will revitalise your body and relax the mind. We will gently exfoliate your skin with invigorating sea salts. You will then be cocooned in your choice of clay, Ocean 'Samudera' Purifying, Sun 'Matahari' Hydrating or Earth 'Tanah' Nutrifying Mud, as you enjoy a facial cleanse and head massage with hair treatment. When you emerge, cool streams of water in the Mandi shower are used to cleanse your body and awaken the spirit.

Dancing Dragon 180mins $500

This unique three hour treatment begins with a one hour Paradise Massage. One of our delicious body scrubs is then applied to gently exfoliate the skin. A Shinju body wrap will then send your spirit soaring as you enjoy an Indian Head Massage. The Mandi outdoor shower will wash away tension and awaken vitality. You will then surrender to a Pearl Facial and a Hand and Foot Ritual. This will leave you in a state of harmony and inner peace.

Body RITUALS

Passion of the Pearl — 120mins — $350pp/$660per couple

Indulge in this romantic and sensual delight. Your senses will be awakened by the flower of love and the passion of the tropics. Succumb to the delights of a relaxing massage and then be invigorated by Australian Lemon Myrtle and Walnut body scrub. Cocoa butter is then drizzled all over the body and you will experience a facial cleanse and the sensation of the coconut oil flowing through your hair with an Indian Head Massage. After pouring on a yoghurt and passionfruit splash, slip into your exotic coconut milk and rose petal bath while sipping a tropical fruit drink and nibbling on fresh fruits.

Bali in Broome — 90mins — $440per couple

Experience bliss with your loved one as you share a one hour Frangipani and Lemongrass massage. Then retreat to your private garden where you will enjoy fresh fruits and a tropical drink while relaxing in your romantic Frangipani flower bath.

Coco Hot Oil Wrap — 90/120mins — $260/$340

First you will enjoy a body massage and a moisturising coconut and cinnamon body scrub. Then warm coconut oil is drizzled all over the body before you are wrapped in muslin sheath. Receive a hydrating facial cleanse. Warm coconut oil will then be gently poured through your hair with a luxurious head massage.

Langit dan Tanah 'Sky to Earth' — 75mins — $215

Indulge in this sensory journey from head to toe. Start with a Vanilla milk drizzling and Walnut and Passionfruit exfoliation of the feet. Then enjoy an indulgent foot and hand massage. This leads into the Indian Head Massage where warm coconut oil is poured through your hair with a head, shoulder and facial massage. This will leave you feeling balanced and energised.

Hydro THERAPY

Coconut Vichy — 60mins — $180

Wet Room Vichy
Be revitalised and awakened by the sensation of raindrops and coconut oil on your skin. The body is painted in the traditional Balinese Lular, a blend of cinnamon, tumeric and sandalwood which will exfoliate the skin. Then gentle healing streams of water will massage the body, as coconut milk is drizzled over you.

Geisha Tub — 30mins — $110pp/$120per couple

An aromatic experience designed to relieve stress, muscle tension and aches. Sea salt combines with essential oils and flowers to moisturise and soften the skin and enliven and heighten the senses. As you relax, sip a tropical drink and nibble on fresh fruits.

Spa TREATMENTS

Kids' Spa Programme — 60mins — $160 (min 2)

We also offer great spa activities for the kids. Learn to be a mini-therapist, pick your own aromas and colours to mix potions and cover yourself with chocolate. Then a mini manicure and don't forget to bring your bathers for your private bath!

Massage

Paradise Massage 30/60/90mins $100/$165/$240

An indulgent full body massage using oils that are blended at the Bali Hai Spa. Incorporating the therapists own techniques to address your individual needs, this treatment will leave your body feeling relaxed and your spirit uplifted.

Deep Tissue 30/60/90mins $105/$170/$250

An invigorating deep tissue massage that will relieve muscles from aches and tension while relaxing the mind.

Indian Head Massage 30mins $100

Warm coconut oil is poured through your hair as you receive an invigorating and revitalising massage on the upper back, shoulders, scalp and face.

Foot Massage 30mins $100

Enjoy a warm Vanilla Milk foot bath, foot exfoliation and a warm Lime and Coconut Oil sensory massage. Your feet will be spritzed with Lime and exotic Lime and Coconut Créme will be applied, leaving your feet in a state of bliss.

Indian Head Massage & Foot Massage 60 mins $175

Enjoy warm coconut oil poured through the hair with an Indian Head Massage and indulge in a Foot exfoliation and Foot Massage.
Designed to leave you in a serene state of bliss, from head to toe.

Ante Natal Massage 60mins $165

Increases energy levels and alleviates any discomfort, while aiding in the prevention of stretch marks and improving circulation during pregnancy. Available after first trimester

Manicure and Pedicure

Deluxe Manicure	60mins	$135
Deluxe Pedicure	60mins	$135

WAXING

	ALLOW UP TO	
Half Leg	15mins	$60
Full Leg	30mins	$80
Bikini Line	15mins	$40
G-String	30mins	$60
Brazilian	30mins	$90
Underarm	15mins	$40
Half Arm	15mins	$40
Full Arm	15mins	$60
Eyebrow	15mins	$35
Lip/Chin	15mins	$30

TINTING

Brow	15mins	$35
Lash	15mins	$40
Lash and Brow	30mins	$60
Brow Wax & Tint	15mins	$40
Brow Wax & Tint & Lash Tint	30mins	$70

BALI HAI SPA ETIQUETTE

The Bali Hai Spa is a smoke free and mobile phone free area. The Bali Hai Spa is a peaceful, serene and quiet sanctuary. Please help us to maintain the Bali Hai Serenity.

Our Spa Consultants will be happy to assist you in creating an individualised Bali Hai Treatment experience. If you are pregnant please contact the Receptionist for advice on treatments that are safe to enjoy during pregnancy.

Cancellation Policy

We understand that you may need to change your schedule. We kindly request that you give 24 hours notice for any change in your appointment. If the full notice period is not given a 50% fee will be charged.

Arrival

Please arrive 15 minutes prior to your treatment. This will allow time for you to enjoy our relaxation room and pool area and receive the most out of your treatment.

What to Wear

Wear casual attire. Inside your allocated locker will be a sarong or bathrobe to change into. Please wear undergarments under your robe. Please bring your bathers if you would like a swim.

Valuables

Please leave valuables in your villa safe or at home, as the Spa accepts no responsibility for lost valuables.

Payment

Payment of treatments and gifts can be charged to your villa for In-House Guests or by Visa, MasterCard, Eftpos or Cash.

Public Holidays

Please note Public Holidays incur a 15% surcharge on all treatments, gift voucher redemptions included.

Age Requirements

Kids Spa 4 to 15 years. Minimum age for treatments is 16 years.

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LOCATION

The Spa is located within the Bali Hai Resort & Spa grounds.
6 Murray Road Cable Beach

SPA APPOINTMENTS

To make an appointment please contact us on:
Phone: (08) 9191 3155
E: spa@balihairesort.com
W: www.balihairesort.com